

KIDNEY NEWS

for Manitoba Renal Program Patients

kidneyhealth.ca
manitoba renal program



LKKM SUMMER SESSION

The summer session of Lean Keen Kidney Machines is coming up. This is a great way to meet new people and start incorporating more fitness into your life. You will also have

access to a fitness professional to help you learn about exercising while living with kidney disease. Sessions start in July. Learn more here. [Read More...](#)

FOOD FADS AND YOUR KIDNEYS: 5 TIPS TO SEPARATE TRUE FROM FALSE

There are so many “experts” and food fads out there (on TV, Internet), it’s hard to know what’s true and what’s false. Most are too good to be true, and have the potential to be harmful to your kidneys. Consider these tips if you’re trying to find trustworthy advice: [Read More...](#)



FROM AEROSPACE TO DIALYSIS TECHNOLOGY

Meet MRP’s Victor Garcia – Supervisor, Dialysis Technology, HSC Renal Program

It was just over 17 years ago when Victor Garcia made a significant career change that led him to working with Manitoba Renal Program (MRP). [Read more...](#)

June 30, 2017



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UPDATED RECIPES OF THE MONTH



July 2017 recipe is up! A convenient kidney friendly option: slow cooker pulled pork.

MRP PATIENT REP COMMITTEE TAKEAWAY TIP FOR STAFF

Needle Pokes: At the May Patient Representative Committee Meeting, several patients expressed concern about the amount of times they are ‘needled’ for access to their bloodstream. They indicated that it can get quite painful when one person makes several attempts. [Read more...](#)



KIDNEY FAILURE: SYMPTOMS & STEREOTYPES

Barry Spence was feeling the symptoms of end-stage kidney disease when he was kicked off a bus in

rural Manitoba last month. "I was devastated," says the 41-year old, sitting in a peritoneal dialysis training room at Seven Oaks General Hospital (SOGH). [Read more...](#)

RENAL PROGRAM SWITCHING TO 'ONLINE' PRIMING IN SEVERAL HEMODIALYSIS UNITS

After planning and preparation, Manitoba Renal Program is set to roll out a new way of priming in-centre dialysis machines. Previously, additional saline bags were brought to the machine and used to prime the blood lines and dialyzer before a patient's treatment. Now, the machine will use the dialysate it creates and an existing connector... [Read More](#)

MRP EFFICIENCY AND EFFECTIVENESS

We are continuing to introduce various initiatives as part of our effort to improve efficiency and effectiveness in our program. The online priming initiative mentioned above is one way we will see significant cost savings while not impacting patient care. Another area we are looking at is reducing unnecessary travel by utilizing telehealth as much as possible. Stay tuned for more information on future efforts in the next staff news.

MRP PATIENT REP COMMITTEE NEXT MEETING

The next patient representative committee meeting is Tuesday, September 12. [Learn more...](#)

KIDNEY WALK 2017

KIDNEY WALK

[Register Now](#) for the 2017 Manitoba Kidney Walk: Whether an individual or part of a team, register today and join us as we walk to raise money to support Manitobans living with kidney disease. You can also join [Team MRP here](#).

FYI UPCOMING COMMUNITY SCREENING

[Click here for more information.](#)

KIDNEY DISEASE & DIABETES SCREENING
Phillipine Canadian Centre of Manitoba
July 10-13 & 17-20 - 737 Keewatin
204-938-5830
Hosted by NorWest Co-op Community Health

VOLUNTEER TO TELL YOUR STORY

We will be featuring patients throughout the year as a way to raise awareness and share stories across our community of patients. If you are interested in participating, email kidneyhealth@wrha.mb.ca. You can see some of our previous [stories here](#).

MRP CAPACITY

As of June 16, 2017 MRP was caring for 5,188 clinic patients and 1,625 dialysis patients.

PERITONEAL DIALYSIS COMMUNITY CARE

Did you know that within the city of Winnipeg, there are options for assisted peritoneal dialysis through our Peritoneal Dialysis Community Care program? This also includes long-term care residents. MRP is also looking at using this model of care outside of Winnipeg in the future. [Read more...](#)

KIDNEY HEALTH IN THE NEWS

- [Kidney Camp celebrates anniversary](#)
- [Wife's selfless kidney donation could mean multiple people get a transplant](#)
- [Sick, diabetic man says Greyhound bus driver left him stranded on highway](#)
- [Dialysis patients raising red flags over ICU closure at Seven Oaks Hospital](#)
- [New health centre set to open its doors in Selkirk](#)
- [Assisted death 'meaningful,' widow says](#)
- [What's old is new again](#)

LINKS

Kidneyhealth.ca

[Winnipeg Regional Health Authority](#)

[Kidney Foundation of Canada - Manitoba Branch](#)

[Kidney Connect Forum](#)

Kidney News for MRP Patients

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