**FRAGMIN® Injection Technique**

**HOW TO GIVE YOURSELF A FRAGMIN INJECTION USING THE FRAGMIN SAFETY SYRINGE**

Failure to use correct handling technique when removing the prefilled syringe with safety needle device from the packaging may result in premature activation of the needle guard.

**DO NOT** attempt to remove the syringe from the blister packaging with your fingers.

Please proceed as follows:

1. Peel off paper backing completely from the blister packaging.
2. Rotate the packaging so that the open side is facing downward one or two inches above a flat surface, such as a table.
3. In order to release the syringe, pull the sides in the middle of the blister packaging apart to widen the blister cavity. This action should cause the syringe to fall out of the blister.
4. Pick up the device by the body of the syringe and prepare to inject the FRAGMIN dose.

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Wash your hands.

Choose the injection site.
The preferred site of injection is the lower abdomen. However, FRAGMIN may also be injected into the side of the thigh, provided care is taken not to inject into the muscle tissue. Select a different site on the abdomen or thigh for each subsequent injection.

Cleanse the site and prepare the syringe.
Vipe the area selected for injection with an alcohol swab and allow it to dry. Remove the needle shield. To ensure delivery of the full dose, do not remove any small air bubbles from the refilled syringe before injection.

Pinch a fold of skin.
The needle must be inserted into a skin fold created with the thumb and forefinger. This fold of skin must be maintained throughout the injection.

Administer FRAGMIN.
Using your dominant hand, hold the syringe like a pencil between your thumb and middle finger. Insert the needle vertically into the folded skin as far as it will go. Once inserted, the needle should not be moved. **If you are self-injecting**, depress the plunger using the prefinger; **if you are injecting someone else**, use the thumb to depress the plunger. When you have injected all the contents of the syringe, remove the needle. The needle guard will not be activated until the entire dose has been administered. Let go of the plunger and allow the syringe to move up inside the device until the entire needle is guarded.

After FRAGMIN has been administered.
Press a cotton swab on the injection site for 5–10 seconds or longer. Do not rub the injection site.
Dispose of the used syringe/needle guard assembly in an approved container in a safe manner. Ensure that it is kept out of the reach of children.

*FRAGMIN must NOT be administered intramuscularly.*

*Important Warning:* Please report any unusual bleeding or bruising to the physician.

FRAGMIN should be stored between 15° and 30° C (don’t leave it in the car in the summer or winter). Dispose out of the reach of children.

FRAGMIN is used to prevent blood clotting (coagulation) when surgery is performed, to treat the acute formation of blood clots in deep veins, to treat symptomatic blood clots to prevent recurrence of the clots in patients with cancer, to treat unstable coronary artery disease, to prevent clotting in those at risk when mobility is restricted during acute illness, and to prevent clotting in blood dialysis and filtration equipment in connection with acute kidney failure or kidney disease.

Patients should consult the Consumer Information leaflet contained in the product package for complete administration instructions.