

Refreshing Raspberry Punch

Portions: 24

Serving size: 6 ounces (3/4 cup)

Ingredients

46-ounce can pineapple juice

6-ounce can frozen pink lemonade concentrate

16-ounces (2 cups) raspberry sherbet or sorbet

2 litres diet ginger ale, chilled

10-ounces package frozen red raspberries, thawed

Preparation

1. In a large punch bowl, mix together juice, lemonade, sherbet or sorbet and diet gingerale.
2. Stir in un-drained, thawed raspberries.

Renal and renal diabetic food choices

1 fruit, low potassium

Carbohydrate choices

1

Helpful hints

1. Punch will foam as sherbet starts melting. Be sure to use a large enough punch bowl. Stir to combine as sherbet melts.
2. The recipe analysis includes sherbet.

This recipe is from Davita.com

