TRAVEL CHECKLIST

This checklist is only a suggested guideline for when you plan to travel. You should do your own research and talk to your health-care team about travelling and arranging dialysis elsewhere. If you are travelling out of country for more than 90 days you must notify your health-care team and Manitoba Health. Manitoba Renal Program is not responsible for care given outside of its own facilities.

Hemodialysis Travel Checklist

☐ Let your health care team know you will be travelling
☐ Research your destination unit (costs, standards of care, etc.)
☐ Pre-Book Your Dialysis Appointments
☐ Complete all Necessary Paperwork & Tests (If the destination unit doesn’t receive requested information on time they can refuse appointments)
☐ Research Insurance (Outside of Canada)
☐ Get letters to explain your dialysis supplies to border/airport officials
☐ Pack any additional supplies you might need including medications or nutritional needs (talk to your health-care team)
☐ Talk to Your Nephrologist
☐ Confirm Dialysis Appointments at Destination Unit
☐ Create lists of emergency contacts
☐ Bring up-to-date medical information with you if your destination unit has not already received them (dialysis orders, home dialysis log sheets, etc.)